

Har Choma Fitness Room Ver2 FR-ST 7.10.2022 Ran Tamawerful Management Ran Tamari www.rantamari.com info@rantamari.com 07/10/2022

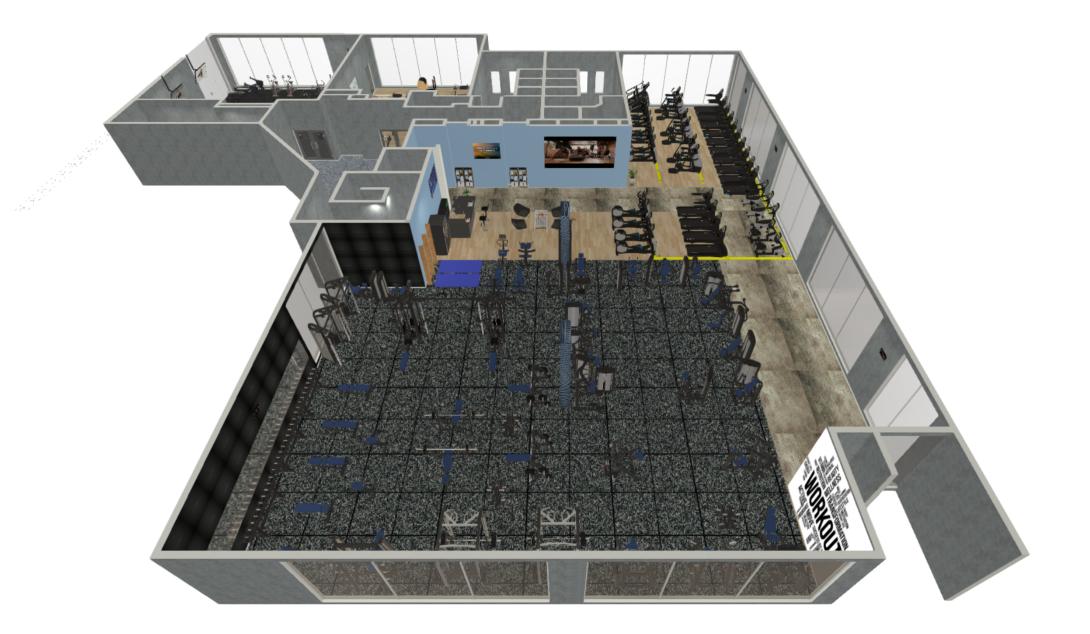


APPROXIMATION OF FLOOR AND PLANNING AREA Floor Plan measurements are approximate and are for illustrative purposes only. While we do not doubt the floor plans accuracy, we make no guarantee, warranty or representation as to the accuracy and completeness of the floor plan. You or your advisors should conduct a careful, independent investigation of



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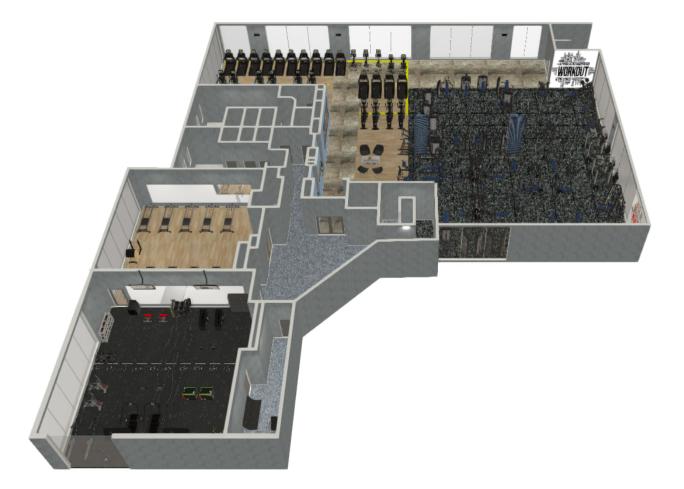
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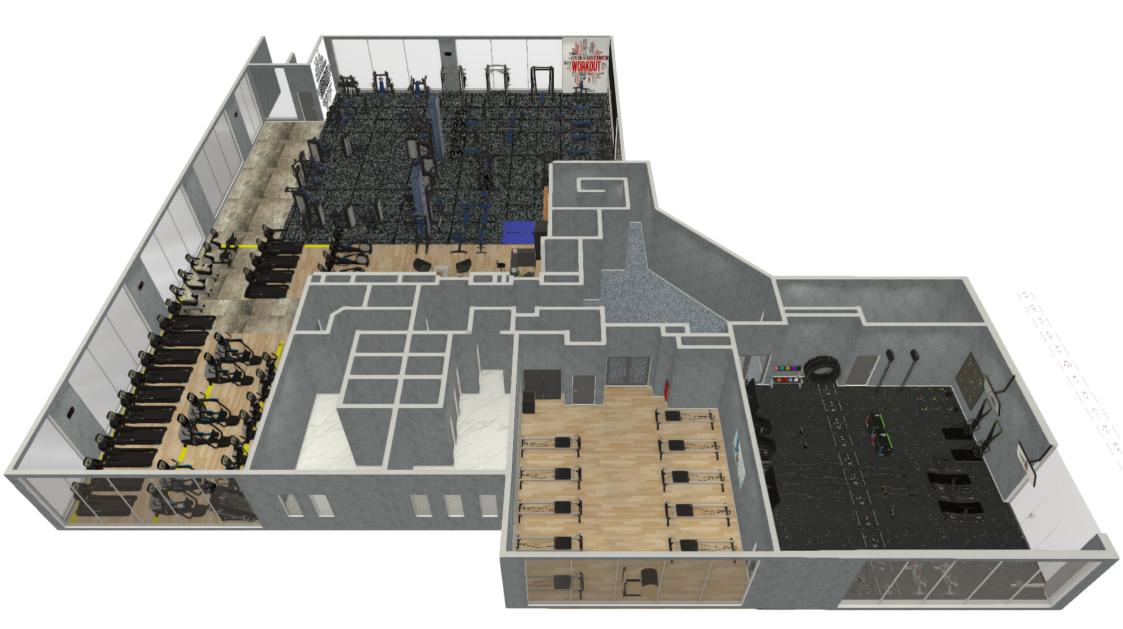
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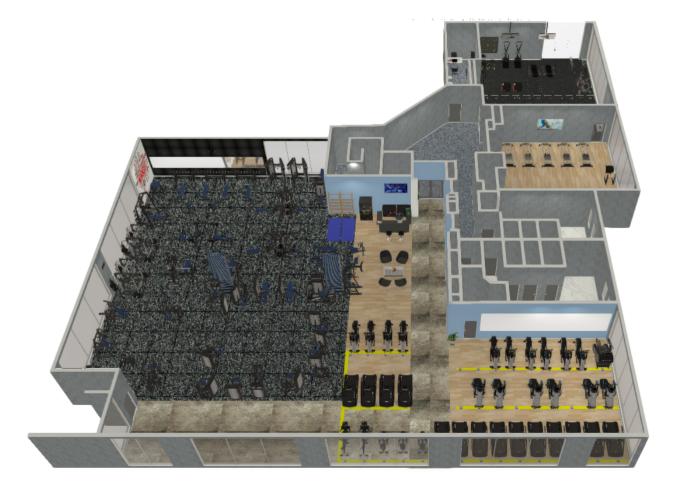




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| | Objects | Quantity |
|--|----------------------------|----------|
| | | |
| | | 10 |
| | | |
| | C117 Sissy Squat | 2 |
| | | |
| | Hanger | 1 |
| | | |
| | StairMaster 10G | 1 |
| | | |
| | FITBENCH | 2 |
| R | | |
| × | Barbell With Bumper Plates | 2 |
| LOC' | | |
| and and | Soft 3 in 1 Plyo Box | 2 |
| | | |
| | 230122 10kg Slam Ball | 1 |
| | | |
| | 230123 12kg Slam Ball | 1 |
| | | |
| | Indoor Mat | 2 |
| | | |
| | Powerbag 10Kg | 1 |
| | | |
| and the second s | Powerbag 15Kg | 1 |



| | Objects | Quantity |
|-------------|-----------------------|----------|
| | Kettleball Rack | 1 |
| | shelf with powerbags | 1 |
| | Kettlebells LF-KB15 | 1 |
| | Kettlebells LF-KB20 | 1 |
| | Stretch OP-FS | 1 |
| | Rope Pull (S180-RPL) | 2 |
| -BA | 8´ HD Power Rack | 2 |
| D en | Hip Abduction SSHAB | 1 |
| | Assist Dip Chin SSADC | 1 |
| | Biceps Curl SSBC | 1 |
| | Chest Press SSCP | 1 |
| I | Glute SSGL | 1 |



| | Objects | Quantity |
|----------|---------------------------------|----------|
| | Abdominal SSAB | 1 |
| | Hip Adduction SSHAD | 1 |
| V | Leg Extension SSLE | 1 |
| | Pectoral Fly Rear Deltoid SSFLY | 1 |
| | Pectoral Fly SSPEC | 1 |
| | PullDown SSPD | 1 |
| | Row SSRW | 1 |
| V | Seated Leg Curl SSSLC | 1 |
| X | Seated Leg Press SSSLP | 1 |
| | Shoulder Press SSSP | 1 |
| Ø | Triceps Press SSTP | 1 |
| | 45° Back Extension SBWBE | 1 |



| | Objects | Quantity |
|--------------|----------------------------------|----------|
| | Adjustable Decline AB Bench SADB | 2 |
| THE T | Arm Curl Bench SAC | 1 |
| | Chin Dip Leg Raise SCDLR | 1 |
| per c | Flat Bench SFB | 1 |
| - Aller | Multi-Adj Bench SMAB | 4 |
| | Olympic Flat Bench SOFB-OBWS | 2 |
| 1 A | Olympic Incline Bench SOIB | 2 |
| <u>e</u> | Olympic Weight Tree SOWT | 3 |
| A CONTRACTOR | Single Tier Dumbbell Rack SDR1 | 3 |
| | Smith Machine SSM | 1 |
| | Utility Bench SUB | 2 |
| | Dual Adjustable Pulley CMDAP | 2 |



| | Objects | Quantity |
|---|--|----------|
| N. A. | MJ-8 Stack | 1 |
| | Front Pulldown SPLPD | 1 |
| | Incline Press SPLIP | 1 |
| * | Linear Leg Press SPLLLP | 1 |
| | Row SPLROW | 1 |
| | Shoulder Press SPLSP | 1 |
| | LMX1288.1 Crossmaxx Premium Battle rope 1,5" 12m | 2 |
| | 3-Shelf Storage Cart w/Acc | 1 |
| V | Merrithew Ladder Barrel | 1 |
| | Combo 3.0 | 1 |
| | Sprint Track 3.0 1 - 11 | 1 |
| | Sprint Track 3.0 1 - 13 | 1 |



| | Objects | Quantity |
|----------|----------------------------|----------|
| | AirBike Elite | 2 |
| | AMT 885 Black Pearl | 6 |
| | RBK 885 Black Pearl | 2 |
| | UBK 885 Black Pearl | 3 |
| | EFX 885 Black Pearl | 10 |
| کې ۲ | TRM 885 Black Pearl | 14 |
| O | Tyre Upright | 1 |
| | Pilates reformer | 10 |
| | Wall Bars | 2 |
| A MARKE | Concept 2 Model E Black | 2 |
| | Assault Treadmil AirRunner | 2 |
| Ser Co | XTTM4-PH-103 | 1 |



Objects

Quantity

2



| SKIERG MOUNTED ON FLOR STAND | |
|------------------------------|--|